

iabwy... “It all begins with vision.”

[Use the letter template below to write a letter to yourself to share your vision, using the “headers” to break your letter into the areas of your life you’ll focus on]

December 29, 2023

Dear

FAMILY/RELATIONSHIPS

HEALTH

CAREER

MONEY/FINANCES

FUN/TRAVEL

PERSONAL GROWTH

FAITH/SPIRITUALITY

Looking forward to 2024!

BELIEFS & MINDSET

What's the situation/struggle ?	What am I thinking about this?	What's not factual ...only your opinion?	Where did this belief(s) first show up for you?	What would you say to a friend?	How can I think about this differently? What are more useful "H.U.T."?	What word(s) describe your mindset?	I will...(actions)
						I am...	
						I am...	
						I am...	
						I am...	
						I am...	

I BELIEVE:

Insert your "new" beliefs below

MINDSET:

